

## Sallekhasutta

Evam me sutam— ekam samayam bhagavā sāvattiyam viharati jetavane anāthapiṇḍikassa ārāme. Atha kho āyasmā mahācundo sāyanhasamayam paṭisallānā vuṭṭhito yena bhagavā tenupasaṅkami; upasaṅkamtvā bhagavantam abhivādetvā ekamantam nisīdi. Ekamantam nisinnō kho āyasmā mahācundo bhagavantam etadavoca: “yā imā, bhante, anekavihitā diṭṭhiyo loke uppajjanti—attavādapatisamyuttā vā lokavādapatisamyuttā vā—ādimeva nu kho, bhante, bhikkhuno manasikaroto evametāsam diṭṭhīnam pahānam hoti, evametāsam diṭṭhīnam paṭinissaggo hotī”ti?

“Yā imā, cunda, anekavihitā diṭṭhiyo loke uppajjanti—attavādapatisamyuttā vā lokavādapatisamyuttā vā—yatha cetā diṭṭhiyo uppajjanti yatha ca anusenti yatha ca samudācaranti tam ‘netam mama, nesohamasmī, na me so attā’ti—evametam yathābhūtam sammappaññā passato evametāsam diṭṭhīnam pahānam hoti, evametāsam diṭṭhīnam paṭinissaggo hoti.

Ṭhānam kho panetam, cunda, vijjati yam idhekacco bhikkhu vivicceva kāmehi vivicca akusalehi dhammehi savitakkam savicāram vivekajam pītisukham paṭhamam jhānam upasampajja vihareyya. Tassa evamassa: ‘sallekhena viharāmī’ti. Na kho panete, cunda, ariyassa vinaye sallekhā vuccanti. Diṭṭhadhammasukhavihārā ete ariyassa vinaye vuccanti.

Ṭhānam kho panetam, cunda, vijjati yam idhekacco bhikkhu vitakkavicārānam vūpasamā ajjhattam sampasādanam cetaso ekodibhāvam avitakkam avicāram samādhijam pītisukham dutiyam jhānam upasampajja vihareyya. Tassa evamassa: ‘sallekhena viharāmī’ti. Na kho panete, cunda, ariyassa vinaye sallekhā vuccanti. Diṭṭhadhammasukhavihārā ete ariyassa vinaye vuccanti.

Ṭhānam kho panetam, cunda, vijjati yam idhekacco bhikkhu pītiyā ca virāgā upekkhako ca vihareyya, sato ca sampajāno sukhañca kāyena paṭisamvedeyya, yam tam ariyā ācikkhanti: ‘upekkhako satimā sukhavihārī’ti tatiyam jhānam upasampajja vihareyya. Tassa evamassa: ‘sallekhena viharāmī’ti. Na kho panete, cunda, ariyassa vinaye sallekhā vuccanti. Diṭṭhadhammasukhavihārā ete ariyassa vinaye vuccanti.

Ṭhānam kho panetam, cunda, vijjati yam idhekacco bhikkhu sukhasa ca pahānā dukkhasa ca pahānā pubbeva somanassadomanassānam atthaṅgamā adukkhamasukham upekkhāsati pārisuddhim catuttham jhānam upasampajja vihareyya. Tassa evamassa: ‘sallekhena viharāmī’ti. Na kho panete, cunda, ariyassa vinaye sallekhā vuccanti. Diṭṭhadhammasukhavihārā ete ariyassa vinaye vuccanti.

Ṭhānam kho panetam, cunda, vijjati yam idhekacco bhikkhu sabbaso rūpasaññānam samatikkamā, paṭighasaññānam atthaṅgamā, nānattasaññānam amanasikārā, ‘ananto ākāso’ti ākāsañcāyatanam upasampajja vihareyya. Tassa evamassa: ‘sallekhena viharāmī’ti. Na kho panete, cunda, ariyassa vinaye sallekhā vuccanti. Santā ete viharā ariyassa vinaye vuccanti.

Ṭhānam kho panetam, cunda, vijjati yam idhekacco bhikkhu sabbaso ākāsañcāyatanam samatikkamma ‘anantam viññānañ’ti viññānañcāyatanam upasampajja vihareyya. Tassa evamassa: ‘sallekhena viharāmī’ti. Na kho panete, cunda, ariyassa vinaye sallekhā vuccanti. Santā ete viharā ariyassa vinaye vuccanti.

Ṭhānam kho panetam, cunda, vijjati yam idhekacco bhikkhu sabbaso viññānañcāyatanam samatikkamma ‘natthi kiñcī’ti ākiñcaññāyatanam upasampajja vihareyya. Tassa evamassa: ‘sallekhena viharāmī’ti. Na kho panete, cunda, ariyassa vinaye sallekhā vuccanti. Santā ete viharā ariyassa vinaye vuccanti.

Ṭhānaṃ kho panetaṃ, cunda, vijjati yaṃ idhekacco bhikkhu sabbaso ākiñcaññāyatanam samatikkamma nevasaññānāsaññāyatanam upasampajja vihareyya. Tassa evamassa: ‘sallekhena viharāmi’ ti. Na kho panete, cunda, ariyassa vinaye sallekhā vuccanti. Santā ete viharā ariyassa vinaye vuccanti.

## 1. Sallekhapariyāya

Idha kho pana vo, cunda, sallekho karaṇīyo.

‘Pare vihiṃsakā bhavissanti, mayamettha avihīṃsakā bhavissāmā’ ti sallekho karaṇīyo. (1)

‘Pare pāṇātipātī bhavissanti, mayamettha pāṇātipātā paṭiviratā bhavissāmā’ ti sallekho karaṇīyo. (2)

‘Pare adinnādāyī bhavissanti, mayamettha adinnādānā paṭiviratā bhavissāmā’ ti sallekho karaṇīyo. (3)

‘Pare abrahmacārī bhavissanti, mayamettha brahmacārī bhavissāmā’ ti sallekho karaṇīyo. (4)

‘Pare musāvādī bhavissanti, mayamettha musāvādā paṭiviratā bhavissāmā’ ti sallekho karaṇīyo. (5)

‘Pare piṣuṇavācā bhavissanti, mayamettha piṣuṇāya vācāya paṭiviratā bhavissāmā’ ti sallekho karaṇīyo. (6)

‘Pare pharusavācā bhavissanti, mayamettha pharusāya vācāya paṭiviratā bhavissāmā’ ti sallekho karaṇīyo. (7)

‘Pare samphappalāpī bhavissanti, mayamettha samphappalāpā paṭiviratā bhavissāmā’ ti sallekho karaṇīyo. (8)

‘Pare abhijjhālū bhavissanti, mayamettha anabhijjhālū bhavissāmā’ ti sallekho karaṇīyo. (9)

‘Pare byāpannacittā bhavissanti, mayamettha abyāpannacittā bhavissāmā’ ti sallekho karaṇīyo. (10)

‘Pare micchādīṭṭhī bhavissanti, mayamettha sammādīṭṭhī bhavissāmā’ ti sallekho karaṇīyo. (11)

‘Pare micchāsaṅkappā bhavissanti, mayamettha sammāsaṅkappā bhavissāmā’ ti sallekho karaṇīyo. (12)

‘Pare micchāvācā bhavissanti, mayamettha sammāvācā bhavissāmā’ ti sallekho karaṇīyo. (13)

‘Pare micchākammantā bhavissanti, mayamettha sammākammantā bhavissāmā’ ti sallekho karaṇīyo. (14)

‘Pare micchājīvā bhavissanti, mayamettha sammājīvā bhavissāmā’ ti sallekho karaṇīyo. (15)

‘Pare micchāvāyāmā bhavissanti, mayamettha sammāvāyāmā bhavissāmā’ ti sallekho karaṇīyo. (16)

‘Pare micchāsātī bhavissanti, mayamettha sammāsātī bhavissāmā’ ti sallekho karaṇīyo. (17)

‘Pare micchāsamādhī bhavissanti, mayamettha sammāsamādhī bhavissāmā’ ti sallekho karaṇīyo. (18)

- ‘Pare micchāñāñī bhavissanti, mayamettha sammāñāñī bhavissāmā’ ti sallekho karaṇīyo. (19)
- ‘Pare micchāvimuttī bhavissanti, mayamettha sammāvimuttī bhavissāmā’ ti sallekho karaṇīyo. (20)
- ‘Pare thinamiddhapariyuṭṭhitā bhavissanti, mayamettha vīgatathinamiddhā bhavissāmā’ ti sallekho karaṇīyo. (21)
- ‘Pare uddhatā bhavissanti, mayamettha anuddhatā bhavissāmā’ ti sallekho karaṇīyo. (22)
- ‘Pare vicikicchī bhavissanti, mayamettha tiṇṇavicikicchā bhavissāmā’ ti sallekho karaṇīyo. (23)
- ‘Pare kodhanā bhavissanti, mayamettha akkodhanā bhavissāmā’ ti sallekho karaṇīyo. (24)
- ‘Pare upanāhī bhavissanti, mayamettha anupanāhī bhavissāmā’ ti sallekho karaṇīyo. (25)
- ‘Pare makkhī bhavissanti, mayamettha amakkhī bhavissāmā’ ti sallekho karaṇīyo. (26)
- ‘Pare paḷāsī bhavissanti, mayamettha apaḷāsī bhavissāmā’ ti sallekho karaṇīyo. (27)
- ‘Pare issukī bhavissanti, mayamettha anissukī bhavissāmā’ ti sallekho karaṇīyo. (28)
- ‘Pare maccharī bhavissanti, mayamettha amaccharī bhavissāmā’ ti sallekho karaṇīyo. (29)
- ‘Pare saṭhā bhavissanti, mayamettha asaṭhā bhavissāmā’ ti sallekho karaṇīyo. (30)
- ‘Pare māyāvī bhavissanti, mayamettha amāyāvī bhavissāmā’ ti sallekho karaṇīyo. (31)
- ‘Pare thaddhā bhavissanti, mayamettha atthaddhā bhavissāmā’ ti sallekho karaṇīyo. (32)
- ‘Pare atimānī bhavissanti, mayamettha anatimānī bhavissāmā’ ti sallekho karaṇīyo. (33)
- ‘Pare dubbacā bhavissanti, mayamettha suvacā bhavissāmā’ ti sallekho karaṇīyo. (34)
- ‘Pare pāpamittā bhavissanti, mayamettha kalyāṇamittā bhavissāmā’ ti sallekho karaṇīyo. (35)
- ‘Pare pamattā bhavissanti, mayamettha appamattā bhavissāmā’ ti sallekho karaṇīyo. (36)
- ‘Pare assaddhā bhavissanti, mayamettha saddhā bhavissāmā’ ti sallekho karaṇīyo. (37)
- ‘Pare ahirikā bhavissanti, mayamettha hirimanā bhavissāmā’ ti sallekho karaṇīyo. (38)
- ‘Pare anottāpī bhavissanti, mayamettha ottāpī bhavissāmā’ ti sallekho karaṇīyo. (39)
- ‘Pare appassutā bhavissanti, mayamettha bahussutā bhavissāmā’ ti sallekho karaṇīyo. (40)
- ‘Pare kusītā bhavissanti, mayamettha āradhāvīriyā bhavissāmā’ ti sallekho karaṇīyo. (41)
- ‘Pare muṭṭhassatī bhavissanti, mayamettha upaṭṭhitassatī bhavissāmā’ ti sallekho karaṇīyo. (42)
- ‘Pare duppaññā bhavissanti, mayamettha paññāsampannā bhavissāmā’ ti sallekho karaṇīyo. (43)

‘Pare sandiṭṭhiparāmāsī ādhānaggāhī duppaṭinissaggī bhavissanti, mayamettha asandiṭṭhiparāmāsī anādhānaggāhī suppaṭinissaggī bhavissāmā’ ti sallekho karaṇīyo. (44)

## **2. Cittupapādapariyāya**

Cittuppādampi kho ahaṃ, cunda, kusalesu dhammesu bahukāraṃ vadāmi, ko pana vādo kāyena vācāya anuvīdhīyanāsu. Tasmātiha, cunda, ‘pare vihiṃsakā bhavissanti, mayamettha avihīmsakā bhavissāmā’ ti cittaṃ uppādetabbaṃ. ‘Pare pāṇātipātī bhavissanti, mayamettha pāṇātipātā paṭiviratā bhavissāmā’ ti cittaṃ uppādetabbaṃ ... pe ... ‘pare sandiṭṭhiparāmāsī ādhānaggāhī duppaṭinissaggī bhavissanti, mayamettha asandiṭṭhiparāmāsī anādhānaggāhī suppaṭinissaggī bhavissāmā’ ti cittaṃ uppādetabbaṃ. (44)

## **3. Parikkamanapariyāya**

Seyyathāpi, cunda, visamo maggo assa, tassa añño samo maggo parikkamanāya; seyyathā vā pana, cunda, visamaṃ tithaṃ assa, tassa aññaṃ samaṃ tithaṃ parikkamanāya; evameva kho, cunda, vihiṃsakassa purisapuggalassa avihīmsā hoti parikkamanāya, pāṇātipātissa purisapuggalassa pāṇātipātā veramaṇī hoti parikkamanāya, adinnādāyissa purisapuggalassa adinnādānā veramaṇī hoti parikkamanāya, abrahmacāriṣṣa purisapuggalassa abrahmacariyā veramaṇī hoti parikkamanāya, musāvādissa purisapuggalassa musāvādā veramaṇī hoti parikkamanāya, piṣuṇavācassa purisapuggalassa piṣuṇāya vācāya veramaṇī hoti parikkamanāya, pharusavācassa purisapuggalassa pharusāya vācāya veramaṇī hoti parikkamanāya, samphappalāpissa purisapuggalassa samphappalāpā veramaṇī hoti parikkamanāya, abhijjhālussa purisapuggalassa anabhijjhā hoti parikkamanāya, byāpanna-cittassa purisapuggalassa abyāpādo hoti parikkamanāya. (1–10.)

Micchādiṭṭhissa purisapuggalassa sammādiṭṭhi hoti parikkamanāya, micchāsaṅkappassa purisapuggalassa sammāsaṅkappo hoti parikkamanāya, micchāvācassa purisapuggalassa sammāvācā hoti parikkamanāya, micchākammantassa purisapuggalassa sammākammanto hoti parikkamanāya, micchāājīvassa purisapuggalassa sammāājīvo hoti parikkamanāya, micchāvāyāmassa purisapuggalassa sammāvāyāmo hoti parikkamanāya, micchāsatissa purisapuggalassa sammāsati hoti parikkamanāya, micchāsamādhissa purisapuggalassa sammāsamādhī hoti parikkamanāya, micchāñāṇissa purisapuggalassa sammāñāṇaṃ hoti parikkamanāya, micchāvīmuttissa purisapuggalassa sammāvīmutti hoti parikkamanāya. (11–20.)

Thinamiddhapariyutṭhitassa purisapuggalassa vigatathinamiddhatā hoti parikkamanāya, uddhatassa purisapuggalassa anuddhaccaṃ hoti parikkamanāya, vicikicchissa purisapuggalassa tiṇṇavīcīkicchā hoti parikkamanāya, kodhanassa purisapuggalassa akkodho hoti parikkamanāya, upanāhissa purisapuggalassa anupanāho hoti parikkamanāya, makkhissa purisapuggalassa amakkho hoti parikkamanāya, paḷāsissa purisapuggalassa apaḷāso hoti parikkamanāya, issukissa purisapuggalassa anissukitā hoti parikkamanāya, maccharissa purisapuggalassa amacchariyaṃ hoti parikkamanāya, saṭhassa purisapuggalassa asāṭheyyaṃ hoti parikkamanāya, māyāvissa purisapuggalassa amāyā hoti parikkamanāya, thaddhassa purisapuggalassa atthaddhiyaṃ hoti parikkamanāya, atimānissa purisapuggalassa anatimāno hoti parikkamanāya, dubbacassa purisapuggalassa sovacassatā hoti parikkamanāya, pāpamittassa purisapuggalassa kalyāṇamittatā hoti parikkamanāya, pamattassa purisapuggalassa appamādo hoti parikkamanāya, assaddhassa purisapuggalassa saddhā hoti parikkamanāya, ahirikassa purisapuggalassa hirī hoti parikkamanāya, anottāpissa purisapuggalassa ottappaṃ hoti parikkamanāya, appassutassa purisapuggalassa bāhusaccaṃ hoti parikkamanāya, kusītassa purisapuggalassa vīriyārambho hoti parikkamanāya, mutṭhassatissa purisapuggalassa upatṭhitassatitā hoti parikkamanāya, duppaññassa purisapuggalassa paññāsampadā hoti parikkamanāya, sandiṭṭhiparāmāsīādhānaggāhiduppaṭinissaggissa purisapuggalassa asandiṭṭhiparāmāsīādhānaggāhisuppaṭinissaggitā hoti parikkamanāya. (21–44.)

## **4. Uparibhāgapaniyāya**

Seyyathāpi, cunda, ye keci akusalā dhammā sabbe te adbhohāgaṅgamanīyā, ye keci kusalā dhammā sabbe te uparibhāgaṅgamanīyā

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; evameva kho, cunda, vihiṃsakassa purisapuggalassa avihiṃsā hoti uparibhāgāya, pāṇātipātissa purisapuggalassa pāṇātipātā veramaṇī hoti uparibhāgāya ... pe ... sandiṭṭhiparāmāsīadhānaggāhi-duppaṭinissaggissa purisapuggalassa asandiṭṭhiparāmāsianādhānaggāhisuppaṭinissaggitā hoti uparibhāgāya. (44)

## **5. Parinibbānapariyāya**

So vata, cunda, attanā palipapalipanno paraṃ palipapalipannaṃ uddharissatīti netam ṭhānaṃ vijjati. So vata, cunda, attanā apalipapalipanno paraṃ palipapalipannaṃ uddharissatīti ṭhānametaṃ vijjati. So vata, cunda, attanā adanto avinīto aparinibbuto paraṃ damessati viñessati parinibbāpessatīti netam ṭhānaṃ vijjati. So vata, cunda, attanā danto vinīto parinibbuto paraṃ damessati viñessati parinibbāpessatīti ṭhānametaṃ vijjati. Evameva kho, cunda, vihiṃsakassa purisapuggalassa avihiṃsā hoti parinibbānāya, pāṇātipātissa purisapuggalassa pāṇātipātā veramaṇī hoti parinibbānāya. Adinnādāyissa purisapuggalassa adinnādānā veramaṇī hoti parinibbānāya. Abrahmacāriṣṣa purisapuggalassa abrahmacariyā veramaṇī hoti parinibbānāya. Musāvādissa purisapuggalassa musāvādā veramaṇī hoti parinibbānāya. Pisūnavācassa purisapuggalassa pisūṇāya vācāya veramaṇī hoti parinibbānāya. Pharusavācassa purisapuggalassa pharusāya vācāya veramaṇī hoti parinibbānāya. Samphappalāpissa purisapuggalassa samphappalāpā veramaṇī hoti parinibbānāya. Abhiḥhālussa purisapuggalassa anabhiḥhā hoti parinibbānāya. Byāpannacittassa purisapuggalassa abyāpādo hoti parinibbānāya. (1–10.)

Micchādiṭṭhissa purisapuggalassa sammādiṭṭhi hoti parinibbānāya. Micchāsaṅkappassa purisapuggalassa sammāsaṅkappo hoti parinibbānāya. Micchāvācassa purisapuggalassa sammāvācā hoti parinibbānāya. Micchākammantassa purisapuggalassa sammākammanto hoti parinibbānāya. Micchāājīvassa purisapuggalassa sammāājīvo hoti parinibbānāya. Micchāvāyāmassa purisapuggalassa sammāvāyāmo hoti parinibbānāya. Micchāsattissa purisapuggalassa sammāsatti hoti parinibbānāya. Micchāsamādhissa purisapuggalassa sammāsamādhi hoti parinibbānāya. Micchāñāṇissa purisapuggalassa sammāñāṇaṃ hoti parinibbānāya. Micchāvimuttissa purisapuggalassa sammāvimutti hoti parinibbānāya. (11–20.)

Thinamiddhapariyutṭhitassa purisapuggalassa vigatathinamiddhatā hoti parinibbānāya. Uddhatassa purisapuggalassa anuddhaccaṃ hoti parinibbānāya. Vicikicchissa purisapuggalassa tiṇṇavici-kicchataṃ hoti parinibbānāya. Kodhanassa purisapuggalassa akkodho hoti parinibbānāya. Upanāhissa purisapuggalassa anupanāho hoti parinibbānāya. Makkhissa purisapuggalassa amakkho hoti parinibbānāya. Paḷāsissa purisapuggalassa apaḷāso hoti parinibbānāya. Issukissa purisapuggalassa anissukitā hoti parinibbānāya. Maccharissa purisapuggalassa amacchariyaṃ hoti parinibbānāya. Saṭhassa purisapuggalassa asāṭheyyaṃ hoti parinibbānāya. Māyāvissa purisapuggalassa amāyā hoti parinibbānāya. Thaddhassa purisapuggalassa atthaddhiyaṃ hoti parinibbānāya. Atimānissa purisapuggalassa anatimāno hoti parinibbānāya. Dubbacassa purisapuggalassa sovacassatā hoti parinibbānāya. Pāpamittassa purisapuggalassa kalyāṇamittatā hoti parinibbānāya. Pamattassa purisapuggalassa appamādo hoti parinibbānāya. Assaddhassa purisapuggalassa saddhā hoti

parinibbānāya. Ahirikassa purisapuggalassa hirī hoti parinibbānāya. Anottāpissa purisapuggalassa ottappam hoti parinibbānāya. Appassutassa purisapuggalassa bāhusaccam hoti parinibbānāya. Kusītassa purisapuggalassa vīriyārambho hoti parinibbānāya. Muṭṭhassatissa purisapuggalassa upaṭṭhitassatitā hoti parinibbānāya. Duppaññassa purisapuggalassa paññāsampadā hoti parinibbānāya. Sandiṭṭhiparāmāsiādhānaggāhiduppaṭṭhinissaggissa purisapuggalassa asandiṭṭhiparāmāsiādhānaggāhisuppaṭṭhinissaggitā hoti parinibbānāya. (21–44.)

Iti kho, cunda, desito mayā sallekhapariyāyo, desito cittuppādapariyāyo, desito parikkamana-pariyāyo, desito uparibhāgapariyāyo, desito parinibbānapariyāyo. Yaṃ kho, cunda, satthārā karaṇīyaṃ sāvakānaṃ hitesinā anukampakena anukampam upādāya, kataṃ vo taṃ mayā. Etāni, cunda, rukkhamūlāni, etāni suññāgārāni, jhāyatha, cunda, mā pamādattha, mā pacchāvippaṭṭisārino ahuvattha—ayaṃ kho amhākaṃ anusāsānī”ti.

Idamavoca bhagavā. Attamano āyasmā mahācundo bhagavato bhāsitaṃ abhinandīti.

Catuttālīsapadā vuttā,  
sandhayo pañca desitā;  
Sallekho nāma suttanto,  
gambhīro sāgarūpamoti.

Sallekhasuttaṃ niṭṭhitam aṭṭhamam.